

Everyone can participate in Leap of Kindness Day 2020!

Below is a list of just some of the many acts of kindness organized by individuals, businesses, nonprofits, schools, etc., in Saratoga County, New York, where #LeapOfKindnessDay originated in 2016. Perhaps one of these ideas will inspire you to participate in Leap of Kindness Day, on Saturday, February 29, 2020!

- Students in the Clean Technologies & Sustainable Industries Early College High School will be doing 4 different events (2 for Brave Will, Adopt a Soldier, breakfast for bus drivers).
- The staff at Saratoga Arms will provide the Saratoga Chapter of Hospice a kindness bag, full of Saratoga Arms food, treats and amenities.
- Senator Kathy Marchione is hosting a Leap of Kindness event with free coffee and donuts at the Mechicville-Stillwater Senior Center, from 8:30 a.m. to 9:30 a.m. on Monday.
- Specialty Silicones is collecting items to make a donation to Adopt-a-Soldier.
- Sweet Mimi's Cafe will be delivering 4 dozen of our signature chocolate chip cookies to the Saratoga Hospital Nursing home. Our cookies always inspire a smile!
- Saratoga Family Dentistry will be participating in the Leap of Kindness Day by asking all 7 of our practice locations to donate items for the Saratoga County Animal Shelter. We are also asking patients of our Saratoga to help pool together donations as well.
- Skidmore Dining Services is donating dinner to Code Blue and Skidmore students will deliver it!
- CAP COM Federal Credit Union will be donating to the Respite Program at AIM Services Inc. and delivering breakfast to the NYS Troopers and the Malta-Stillwater EMS.
- The ACTIVE Network is selling homemade breakfast items, appetizers, various foods and Mocktails in the office to collect donations. These donations will be used to pay it forward to our local CODE BLUE SARATOGA.
- On February 10 -12 Alpine Sport Shop customers received travel mugs as gifts. Through the month of February, they could bring it to UnCommon Grounds, it was filled with coffee, and they received a bagel for free! This special promotion ends on February 29, Leap of Kindness Day. Alpine Sport Shop is also donating over \$1000 to St. Baldrick's Foundation in honor of Leap of Kindness Day.
- The Tunison Funeral Home will be dropping off socks for the residents and cookies for the staff at The Wesley Community.
- ACO Property Advisors, Inc. will be donating canned goods to Franklin Community Center Food Pantry.
- St. Clement's religious education grade 8 girls plan to make a food donation to the St. Clement's food pantry and make greeting cards for residents at Prestwick Chase.
- Mrs. Nelsen's 4th grade class at Caroline Street School are making cards for the residents at Prestwick Chase.
- NHS and NJHS students from Galway will be: playing monopoly at The Home of the Good Shepherd, making breakfast for CSEA employees, delivering baskets of snacks and cookies to EMS and firefighters, conducting a basketball clinic and making cards.
- Roohan Realty is collecting snack items for the Franklin Community Center's Project Lift as well as items for Operation Adopt-a-Soldier. The firm is also hosting a dessert social for seniors at the Embury Apartments.
- The Joint Clifton Park is collecting for the Shenendehowa Helping Hands Food Pantry. We have a list of items they are looking for. We are also going to pay it forward by giving a free adjustment card to patients who make a donation. (One card per patient, not per item.)

- Hampton Inn and Suites is serving breakfast to the Saratoga Springs Fire Department.
- The Adirondack Trust Company is delivering flowers to residents of two area nursing homes AND hosting a food drive in all of their branches.
- US Foods is collecting food from their employees in Clifton Park and matching those donations as well as preparing food for two area shelters on that day.
- First graders at Geyser Road Elementary are making spring banners and decorations for the nursing home at Saratoga Hospital.
- Girl Scout brownie troop #3134 of Saratoga is doing a clothing food and hygiene product drive for the Franklin Community Center.
- Polyset is serving breakfast and lunch to the Clifton Park - Halfmoon EMS.
- GLOBALFOUNDRIES has invited its 18,000 employees across the world via email to do something kind for someone else on February 29th. Locally, Fab 8 employees are also encouraged to donate food items for distribution to area food pantries.
- Chamber Board members have joined together to deliver some treats from The Iron Roost to the Saratoga County Sheriff's Department.
- First National Bank of Scotia is collecting Books for Troops! at all of their branches.
- DA Collins Company is collecting food for Shelters of Saratoga
- The Saratoga Regional YMCA is collecting items in need for the Code Blue Shelter.
- Bonacio Construction is collecting non-perishable items for the Franklin Community Center Food Pantry.
- Saratoga National Bank is collecting pet food for patients at the Saratoga Hospital Community Health Center.
- The Warren-Washington-Saratoga BOCES culinary arts program is making boxed lunches for the Saratoga Springs Police Department.
- Bow Tie Cinemas is hosting a Rare Disease Day at the movies on February 29th to benefit several local nonprofits started by local families.
- The Ballston Spa Business and Professional Association is collecting white ankle high socks that will be donated to the residents at the Saratoga Rehabilitation and Skilled Nursing Home.
- The Saratoga Rehabilitation and Skilled Nursing Home will pay it forward by bringing cookies to the Ballston Spa Fire and EMS departments.
- The Saratoga Nursing Center will putting together a donation of items for Code Blue.
- Saratoga Bridges is collecting Canned Kitten food & Toys, Children's Toys, School Supplies and Plastic Shopping Bags to benefit the Saratoga County Animal Shelter & Saratoga Center for the Family.
- The Chamber's Veterans Business Council is collecting items for the men's and women's Veterans Shelters in Saratoga County.
- NBT Bank is hosting a food drive for local food pantries.
- The Saratoga County Department of Public Health is collecting food for a local pantry and pet food for the Saratoga Hospital's Community Health Center.
- Saratoga Bariatric Surgery and Weight Loss Program are going to make a basket for the Naval Clinic in our building at 1 West and fill it with Coffee Mugs and Dunkin Donuts Cards to say Thank you for Your Service!
- Fingerpaint Marketing is asking all of their employees in all of their locations around the US to pick from a list of a dozen acts of kindness that each person can do urging recipients to pay it forward.
- Hedley & Company, CPA's is hosting a food drive for CAPTAIN Youth and Family Services.
- Capital Interiorscapes will be making a donation of food to the Malta Food Pantry.
- National Grid is holding a food drive to collect food from their employees for distribution to area food pantries.
- Holiday Inn - Saratoga Springs is offering all Veterans a free meal on Monday, February 29th.

- Family Vision Care is collecting personal hygiene items for the Franklin Community Center with donors getting \$20 off your eyewear purchase in February.
- Stewart's Shops donated 700 free coupons for a cup of coffee that we're distributed to attendee's at the Chamber's annual dinner so that they can buy someone else a cup of coffee on Leap of Kindness Day.
- Hampton Inn & Suites - Clifton Park is collecting donations for the Chamber's Veterans Business Council as they seek to help Veterans across Saratoga County.
- Espey Manufacturing will be showing their appreciation to US Navy Sailors stationed in Saratoga County.
- Chamber Board members are teaming up with Hattie's and Posie Peddler for secret special thank you's for two different organizations.
- The Gideon Putnam Hotel is donating cases of Shampoo and Conditioner to Operation Adopt a Soldier.
- Herzog Law Firm is collecting food and donations to benefit the food pantry at Franklin Community Center in Saratoga.
- Zieker Eye Ophthalmology will collect canned goods for the Franklin Community Center.
- Healthy Living Market Saratoga and Chamber Board members have teamed up to deliver some goodies to the overnight shifts at the Malta Emergent Care Center and the Ellis Hospital Urgent Care Center in Clifton Park.
- The US Chamber of Commerce, through their Employees Caring for our Communities initiative is urging all of their employees to join our celebration by doing something kind for someone else and sharing their acts online using the #leapofkindnessday hashtag.